



LIFESAVING SOCIETY
SOCIÉTÉ DE SAUVETAGE

The Lifeguarding Experts

Les experts en surveillance aquatique

LIFESAVING SOCIETY—MANITOBA

2010 Annual Report

Balance Sheet (and comparison) December 31, 2010

ASSETS		
	<u>2010</u>	<u>2009</u>
Current		
Cash	\$16,468	\$21,075
Short term deposits	\$205,801	\$60,244
Accounts receivable	\$12,008	\$14,077
Inventory	\$10,582	\$20,665
Prepaid expenses	<u>\$2,403</u>	<u>\$0</u>
	\$247,262	\$116,061
Capital assets	<u>\$13,599</u>	<u>\$11,384</u>
	<u>\$260,861</u>	<u>\$127,445</u>
LIABILITIES		
Current		
Accounts payable	\$21,867	\$15,465
Unearned grants & assistance	<u>\$100,000</u>	<u>\$0</u>
	<u>\$121,867</u>	<u>\$15,465</u>
NET ASSETS		
Net assets invested in capital assets	\$13,599	\$11,384
Unrestricted net assets	<u>\$125,395</u>	<u>\$100,596</u>
Net assets	<u>\$138,994</u>	<u>\$111,980</u>
	<u>\$260,861</u>	<u>\$127,445</u>

ACKNOWLEDGEMENTS

The Society gratefully acknowledges the program support and financial contributions provided by:

- Manitoba Department of Aboriginal & Northern Affairs
- Health Canada
- Manitoba Department of Conservation
- Manitoba Coalition for Safer Waters
- Service Canada HRSDC Summer Jobs Program
- Our business and individual donors who so generously support the Society's vision & mission.

The Lifesaving Society — Manitoba is a registered non-profit organization whose existence depends on the generous donations of the public. Every contribution is important to us and tax deductible receipts will be issued upon receiving a donation. Registered Charity No. 119129047 RR001

Statement of Surplus for the year ending December 31, 2010

	<u>2010</u>	<u>2009</u>
Revenue		
Test fees & merchandise sales	\$231,061	\$220,540
Less cost of goods sold	<u>(\$60,172)</u>	<u>(\$61,121)</u>
	\$170,889	\$159,419
Fundraising	\$14,785	\$15,455
Grants & assistance	<u>\$222,332</u>	<u>\$225,378</u>
	<u>\$408,006</u>	<u>\$400,252</u>
Operating Expenditures		
Advertising & promotion	\$13,653	\$7,750
Amortization	\$5,205	\$4,099
Audit fees	\$2,053	\$1,916
Bad debts	\$0	\$1,176
Fundraising	\$5,623	\$4,579
Insurance	\$1,464	\$1,614
Meetings	\$4,397	\$3,919
Office supplies	\$26,706	\$23,090
Postage	\$5,090	\$4,369
Program development	\$137,168	\$162,787
Rent	\$30,331	\$29,709
Repairs & maintenance	\$1,122	\$449
Telephone	\$2,768	\$2,742
Wages & benefits	<u>\$145,412</u>	<u>\$132,324</u>
	<u>\$380,992</u>	<u>\$380,523</u>
Excess (deficiency) of revenues over expenses	\$27,014	\$19,729
Net assets, beginning of year	<u>\$111,980</u>	<u>\$92,251</u>
Net assets, end of year	<u>\$138,994</u>	<u>\$111,980</u>

*This Financial Report was prepared by:
S. H. J. Bernacki C.A.*

Branch Awards and Certifications

First Aid		Water Rescue Award cont'd		Leadership Awards cont'd	
Lifesaving AED	59	Distinction	2	Boat Rescue for 1st Responders Instructor Recert	2
Lifesaving AED Recertification	85	Lifesaving Fitness - Bronze	3	Boat Rescue for First Responder IT	1
Aquatic Emergency Care & CPR C	68	National Lifeguard - Pool	349	Boat Rescue for First Responder IT Reappointment	1
Aquatic Emergency Care & CPR C Recertification	64	National Lifeguard - Pool Recertification	536	Instructor Trainer - Lifesaving	7
Lifesaving CPR Level C	265	National Lifeguard - Waterfront	22	Instructor Trainer - Lifesaving Reappointment	3
Lifesaving CPR-A	29	National Lifeguard - Waterfront Recertification	41	Branch Trainer	3
Lifesaving CPR-B	2	Water Rescue Award Total:	4135	Lifesaving Instructor	147
Lifesaving CPR-C Recertification	111	Leadership Awards		Lifesaving Instructor Recertification	168
Lifesaving CPR-HCP	64	Lifesaving AED Instructor	9	Lifesaving Instructor Advanced	147
Lifesaving CPR-HCP Recertification	59	Lifesaving AED Instructor Recert	3	Swim for Life Instructor	21
Lifesaving Emergency First Aid & CPR A Recert	16	Lifesaving AED Instructor Trainer	1	Swim for Life Instructor Recert	3
Lifesaving Emergency First Aid & CPR A	634	Lifesaving AED Instructor Trainer Reappointment	3	Swim to Survive Instructor	4
Lifesaving Standard First Aid & CPR C Recert	215	Aquatic Emergency Care Instructor	4	Swim for Life Instructor Trainer	7
Lifesaving Standard First Aid & CPR C	636	AEC Instructor Trainer Reappointment	3	National Lifeguard Instructor	4
Lifesaving Oxygen Administration	7	Lifesaving CPR Instructor Recert	2	National Lifeguard Instructor Recertification	3
Lifesaving Oxygen Administration Recertification	2	CPR - HCP Instructor	6	NLS - Waterpark Instructor	1
First Aid Total:	2259	CPR-HCP Instructor Recertification	2	NLS - Waterfront Instructor	4
Water Rescue Award		Lifesaving Oxygen Admin Instructor	6	National Lifeguard Instructor Trainer	1
Boat Operator Accredited Training	1433	Lifesaving Oxygen Admin IT	1	National Lifeguard Instructor Trainer Reappointment	3
Boat Rescue for First Responders	14	Lifesaving First Aid Instructor	153	National Lifeguard Waterfront Instructor Trainer Reappointment	3
Boat Rescue for First Responders Recert	26	Lifesaving First Aid Instructor Recertification	161	Examiner - Bronze Cross	160
Canadian Swim Patrol - Rookie	33	Lifesaving First Aid Instructor Trainer Reappointment	3	Examiner Bronze Cross Reappointment	154
Canadian Swim Patrol - Ranger	21	Lifesaving First Aid Instructor Trainer	7	Examiner - Distinction	162
Canadian Swim Patrol - Star	4	MB Branch B.O.A.T. Proctor	1	Examiner - Distinction Reappointment	149
Bronze Star & CPR A	216	B.O.A.T. - Instructor/Examiner	9	Examiner - National Lifeguard	11
Bronze Medallion & CPR A	819	B.O.A.T. - Instructor/Examiner Recertification	26	Examiner National Lifeguard Reappointment	2
Bronze Cross & CPR C	659	Boat Instructor Trainer Reappointment	1	Leadership Award Total:	1574
Bronze Cross & C CPR Recertification	15	Boat Rescue for 1st Responders Instructor	4		



LIFESAVING SOCIETY BOARD OF DIRECTORS

- Christopher Love - Chair
- Jean Paul Barnabé - Treasurer
- Mikey-Karla Guzej - Director
- Michael Limerick - Director
- Elizabeth Proskurnik - Director
- Lloyd Plueschow - Director

BRANCH STAFF

- Carl Shier - Chief Executive Officer
- Lisa Bruce - Water Smart® Coordinator
- Kathy Plett - Program Coordinator
- Dorothy Melnychuk - Administrative Assistant
- Kevin Tordiffe - Business Development Specialist

SUPPORT

- Dr. Kelvin Williamson - Medical Advisor
- Mr. Keith Labossiere - Legal Counsel
- Corporal Andy Pulo - RCMP Liaison
- Sgt. Robert Riffel - Winnipeg Police Service Liaison

Our year wouldn't be complete without thanking our major program supporters:

The Manitoba Department of Northern & Aboriginal Affairs 

Health Canada  Health Canada Santé Canada

The Winnipeg Foundation 

Manitoba Coalition for Safer Waters



We are proud to say this report was prepared and printed entirely in-house by Branch staff.



Swimming Lessons



Public Education



Boat Safety Demos



Lifesaving Classes



Boat Show



PCC Certifications



Lifeguard Training



Rescue Award Ceremony



First Aid Training

The Lifesaving Society is a national charity working to prevent drowning and water-related injury. We save lives and prevent injury through our training programs, Water Smart® public education, water incident research, aquatic safety management services and lifesaving sport.



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Lifesaving Society

The Lifesaving Society builds leadership capacity in every community where Canadians young and old learn to make safe choices, gain valuable first aid and lifesaving skills and live active lifestyles. Society members, government and the public look to the Lifesaving Society to establish industry custom and practice to help make Manitoba the safest place to live work and play.

OUR MANDATE:

- The Lifesaving Society has a public health and safety mandate for drowning and injury prevention, and active living and fitness
- The Lifesaving Society provides valuable education and training ensuring Canadians have access to safe, fun and healthy living experiences.
- The Lifesaving Society is the standard setting certifying body for public aquatic safety and Canada's lifeguards.
- The Lifesaving Society is the sport organization for lifesaving, providing sport for life and long term athlete development opportunities.



The Lifeguarding Experts!

Board of Directors Chair - *Chris Love*

Fellow Lifesavers,

Our 2010 year has been one of ongoing activity for the Life-saving Society – Manitoba Branch. As Chair of the Board of Directors for the past year it has been my pleasure to be involved in the continuing growth of the Society across the province. As you will see in the other messages contained in this report many different projects have been undertaken by volunteers and staff. We have increased our visibility to the public through various forms of media, and our financial situation is secure. The Board has been involved in the ongoing rejuvenation of our Society on a National level, with Board to Board contact on a continuous basis. There has been debate and decision-making around the Board table as well as we have prepared for the Society's 100th Anniversary. Overall, the situation the Branch now finds itself in means the Board can focus on planning for the future rather than worrying about the day to day operations of the Society.

I extend my thanks to all of my fellow directors, and to the hard-working staff in the office for their efforts. Together their work makes it easy for me to speak on behalf of the Branch both within the province and on the National scene. As we move beyond the 100th Anniversary and into the Branch's second century of service within the province I ask each of you to join

Chief Executive Officer - *Carl Shier*

The Manitoba Branch is about to celebrate its' 100th Anniversary in 2011. The organization accomplished its mission again this past year having conducted thousands of courses on water safety education, even in the remotest of areas in this province.

2010 was a year to invest in new technology. With a grant provided by *The Winnipeg Foundation*, we acquired a new small business server, a computer which allows us to greatly enhance our Member Management database. This new server also provides us the ability to operate "Find-a-Member", an Ontario Branch developed technology that permits 24/7/365 secure information access to one's individual awards. It's been a big time saver for Branch staff and a godsend for all the late night information seekers. Now if we can only convince more members to locate, remember and use their PIN.

Following up on our requests, on May 25th the Minister of Healthy Living, Youth and Seniors Jim Rondeau proclaimed this province's full support of *North American Safe Boating Awareness Week*. Manitoba thus became Canada's first province to make this declaration beyond municipal boundaries. Coming at the start of our province's boating season, it was a timely yet needed reminder to enjoy this sport safely. He also brought some serious dollars with him to the podium, pledging ongoing support for the Manitoba Coalition for Safer Water, which I Chair and this Branch acts as its Secretariat.

For the sixth consecutive year our Branch delivered three levels of training through our Northern Water Smart® Program. We've given its results a full page in this year's Annual Report. There are three ingredients that make this program work and it starts with the tremendous financial support we receive from our partners; Manitoba Aboriginal and Northern Affairs and Health Canada. The second ingredient would be the effort put forth by our staff. They both plan and deliver the

us in our efforts to make every Manitoban Water Smart®. Whether by volunteering your time to one of the many projects we have on the go, donating whatever amount you can spare, teaching the Society's courses, or making your contribution in some other way, the combined efforts of over 1000 members means we have untapped strengths to develop. I hope you all will continue to live the Society's mission and values on a daily basis. Those values are perhaps best encapsulated by our motto, which goes back to the Society's founding: *Quemcunque miserum videris hominem scias or Whomsoever you see in distress, recognize in him a fellow man*. Together let us bring that sentiment to every member of our provincial community.



various programs and are skilled at doing so. The third ingredient is the commitment of the community people who participate. Both young and old alike, they clearly value and show appreciation for our work. Best of all, we will be involved in this initiative for years to come as the incidents of water-related injury and drowning continue to show a steady decline.

It has again been a pleasure for me as the Society's CEO to see these wonderful results of our labour. The Branch has seen its "bottom line" grow, but that only means one thing. We have money to enhance our educational programs, increase our water safety advertising and expand the reach of our Northern Program. The list could go on but that's what it means to be a not-for-profit organization with a social purpose. The money that is generated through our lifesaving, lifeguarding, leadership and swim awards is returned to our public education programs. Those are the only dividends my Society Board wants to see. So while our financial statements show a surplus in 2010, we plan on using it to enhance the brand during our Centennial celebrations and making more Manitobans than ever aware of a reason to become Water Smart®



Minister Rondeau & CEO

Program Coordinator - *Kathy Plett*

The main focus of 2010 was the National Lifeguard Service revisions. I attended a meeting in Toronto, had numerous conference calls, exchanged countless e-mails and helped with the drafting of National Lifeguard Service revisions pilot material. We ran National Lifeguard Service pilots throughout Canada during the summer and fall of 2010. Manitoba ran National Lifeguard Service Core, Pool and Waterfront pilots at Grand Beach, Winnipeg Beach, Elmwood Kildonans Pool, St. James Civic Center, North End Centennial Leisure Center and the University of Manitoba. The results of the pilots were collated the end of December 2010 and we have used the results of the pilots to solidify the content and evaluation criteria for National Lifeguard Service Standard. I would like to thank the Affiliates, Branch Trainers, NLS Instructor Trainers, NLS Instructors / Examiners and NLS Candidates for their participation in the pilots and their feedback. It was invaluable to help ensure that the National Lifeguard Service Standard continues to meet the needs of lifeguards and the requirements of employers and Manitobans / Canadians using our pools and beaches.

Leadership revisions continued to progress this past year. We had a meeting in Vancouver and in Toronto along with the National Lifeguard Service Revisions meeting as well as several conference calls and many emails. The current core working group consist of myself and representatives from Quebec, Ontario and B.C. The work now consist of ensuring we have accurately captured the competencies and evaluation criteria for the various areas of the new Leadership Training System. The leadership revisions are embracing the best practices in mentoring and evaluating a candidates ability to teach and examine and are based on the competencies that are required to teach and evaluate students.

October 2010 saw the release of recommendations for C.P.R. and first aid protocols by the International Liaison Committee on Resuscitation (ILCOR) with continued emphasis on high quality CPR. Push hard and push fast, allow full chest recoil, minimize the interruption of chest compressions and defibrillate promptly when appropriate all continue to be key factors for CPR training. Any changes to CPR or first aid protocols within Lifesaving Society programs will be

announced in 2011.

I would like to take this time thank the Branch Trainers, Life-saving Instructor Trainers and National Lifeguard Service Instructor Trainers. These dedicated people are an invaluable resource for the Society and are committed to ensuring the continued high quality of training of Lifesaving Society Instructors and examiners and ultimately the candidates taking our courses and programs on the pool decks, waterfronts and in the classrooms. Thank you all!

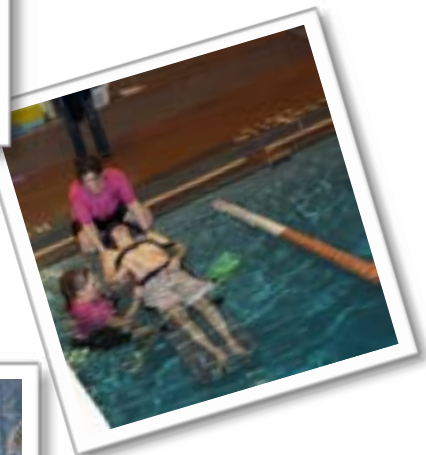
For a century the mission of the Lifesaving Society Manitoba Branch has been to prevent drowning and water-related incidents for all Manitobans by providing lifesaving, lifeguarding, leadership education and public education. As we move into our next century of serving Manitobans, I challenge each and every one of you to find new ways to achieve this each day.



2010 Manitoba Lifeguard Championships - March 12 & 13
Cindy Klassen Recreation Complex 999 Sargent Avenue, Wpg., Mb.



*2010 Manitoba Lifeguard Championship
First Place Team:
Thunderbay - Still Contains Nuts*



*2010 Manitoba Lifeguard Championship
Manitoba First Place Team: 17 Wing - The Forces*



Water Smart® Coordinator – Lisa Bruce

2010 proved to be another successful year for our Water Smart® Programs. We attended numerous special events, made several promising connections for the future and spread our Water Smart® message to the public. We also delivered numerous English Additional Language (EAL) presentations to over 1600 new Canadians. Our Northern Water Smart® program continues to be an enormous success and the number of participants continues to rise every year. Instructors traveled to 34 communities throughout 2010 and we plan to exceed that number in 2011. In addition to my full-time position at the office, the Branch also employed 5 seasonal staff between May and September to provide Water Smart® education all over the province.

Events

The events that we attend play a large role in the Water Smart® program. Through public awareness and education we can spread our Water Smart® message. Among these events is Drowning Prevention Week, this year hosted at Winnipeg Beach. We held **Swim To Survive™** lessons, executed rescue demonstrations and had safety activities for children to participate in. We were also an active participant at the Recreation Connections Tradeshow. Additional events attended this year included, COSTCO Safety Day, a Healthy Schools Conference and the Safer Schools show. We were also present for a week long event at the Red River Exhibition site. We represented **Ice and Boating Safety** at the Mid-Canada *Boat Show*, with a strong emphasis on the importance of wearing lifejackets. We made several appearances in schools across the province delivering **Water Smart®, Within Arms Reach®** and **Sled Smart** presentations.

Northern Water Smart® Program

The Northern Water Smart® Program continues to thrive. Each year we increase the number of communities visited, participants involved and staff requirements. The 2010 summer marked the 6th year of the program and we were thrilled with the results! Five full time staff members travelled to 33 communities to deliver Swim to Survive™, BOAT and Emergency First Aid/CPR programs. Tamara Lawson, Drew Burstahler, Daniel Dickson, Jon Sorokowski and Brandy McKay did a spectacular job and we look forward to a few returning faces for the 2011 summer campaign. We revisited a few familiar places and we were delighted to experience several new communities as well. We are pleased to report that the program had over 1500 participants this year alone, which brings the total up to 6534 participants in six years. As always, feedback from the Northern Water Smart® Program was very positive and applications for the 2011 summer are already being logged in.

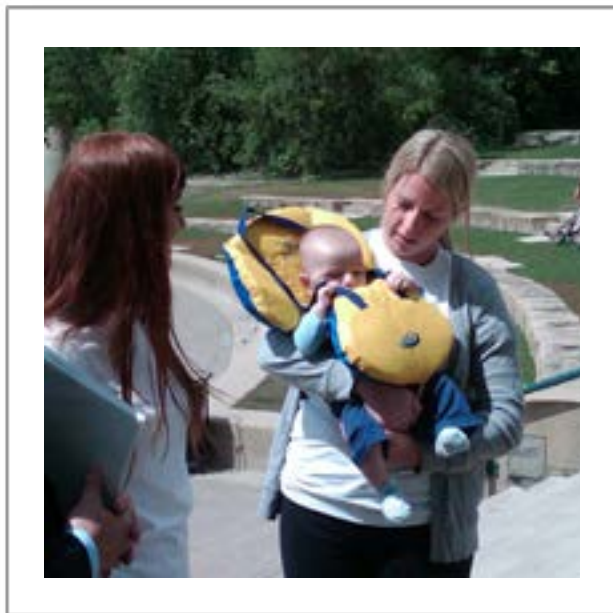
Business Development Specialist – Kevin Tordiffe

I joined the Lifesaving society Branch staff in late October with the intent of increasing the our services in the area of customer support and development, program growth, and to conduct some business development. I have worked with the Lifesaving Society for many years including terms on the Board of Directors for close to 10 years. I participated as the National Lifeguard Service Award Revisions Chair, worked in the Saskatchewan Office for a few years and when our CEO offered me the chance to work with the Branch, I jumped at the opportunity.

Water Smart® Program for new Canadians

Research continues to show that new Canadians are at a high risk of drowning. We have recognized that this special population would benefit from Water Smart® information. The presentation discuss the importance of child supervision; stresses children must be “Within Arms Reach®” at all times when in, on or around water, the significance of wearing a life-jacket or PFD (personal floatation device), learning how to swim and why it is important to always swim with a buddy, introduce basic rescue techniques to help a drowning victim and teaches the safest way to assist a person who is drowning along with many more water safety tips and behaviours.

We’ve also worked on launching a new program to train life-guards in northern and remote communities to assist with the constant issue of drownings occurring in these remote areas. We anticipate the number of participants will increase, that we will travel to more communities every year and that our programs will expand and our message will reach even more people each and every year.



I hope to work towards enhancing our services to Affiliates and offering services that were not available in past. The launch of the Lifesaving Society's 100th anniversary Swim for Life® initiative will be a big part of my days spent here and I look forward to 2011, the Manitoba Branch's 100th Anniversary year, working with all our affiliates, both new and old to improve water safety education, drowning prevention, and public awareness. I'll see you all at the Beach or Pool!

The Northern Program - *Drew Burstahler, Daniel Dickson, Tamara Lawson, Brandy McKay and Jon Sorokowski*

The 6th year of the Northern Program was a huge success! We visited 33 communities to deliver Swim to Survive®, BOAT and Emergency First Aid/CPR programs to over 1500 participants this year. Over the past six years we have offered swimming, first aid and BOAT training to 6534 participants. In 2011 and beyond we are committed to continue to offer training to all communities in Manitoba.

Memories from the Summer of 2010:



Communities Visited in 2010			
Community	Participants	Community	Participants
Barrows	43	Nelson House	148
Brokenhead/ Scanterbury	24	Norway House	53
Berens River	11	Oxford House	90
Buffalo Point	34	Pikwitonei	20
Camperville	14	Pinatmootang/ Fairford	58
Cranberry Portage	29	Pine Creek	36
Dauphin River	42	Poplar River	48
Fox Lake	26	Sagkeeng/ Powerview	40
Garden Hill	148	Sandy Bay	30
God's Lake Narrows	140	Seymourville	16
God's River	54	Skownan	33
Lac Brochet	24	Snow Lake	64
Lake Manitoba F.N.	20	South Indian Lake	70
Leaf Rapids	67	Split Lake	36
Mallard/Rock Ridge	13	Swan Lake	20
Matheson Island	59	Swan River	8
Moose Lake	28		
Total Participants:			1546



2010 Rescue Awards Ceremony - January 13, 2011

Each year the Lifesaving Society honours those who have risked their own life to save another. The Rescue Awards ceremony is an opportunity for our branch to commend our fellow Manitobans for their quick thinking and selfless response in a water related incident. This year we were very pleased to once again have this ceremony hosted by the Lieutenant Governor of Manitoba the The Honourable Philip S. Lee, C.M., O.M., Lieutenant Governor of Manitoba and Her Honour Mrs. Anita Lee at Government House. We recognized the following individuals with the 2010 Rescue Commendation Award.

The Rescue Commendation Award recognizes an outstanding rescue by individuals who have not received formal training through the Lifesaving Society. This years recipients are:

Constable Dave Aitkens, Constable Lana Bourroughs, Barry Burns, Cooper Sean Carleton, Royce Alan Carleton, Gordon C. Cartwright, C.C.G.C. Vakta Crew "A" (Brian Sparks, Ray Isfjord, Tyrone Moore , Barry

Nash), Corporal Kevin J. Elliot, Eric Gislason, Kyle Gislason, Michelle Gislason, Barry Horan, Constable Michael Laberge, Andrea Michelle Page, Gordon B. Penner, Bernhard Plett, Dale Shumski

The M.G. Griffiths Award recognizes Lifesaving Society Trained individuals, who although not on duty applied their skills and knowledge in attempting, con-

ducting or saving a life in a water-related rescue. This years recipients are:
Wes Cottrell, Dana Plett

The Rescue Awards were presented by: the Lieutenant Governor of Manitoba the Honourable Philip S. Lee, C.M., O.M. and the Lifesaving Society Manitoba Chair Mr. Chris Love



C.C.G.C. Vakta Crew "A"



Gordon Penner, Barry Horan, Gordon Cartwright & Constable Michael Laberge



Andrea Page



Constables Lana Bourroughs & Dave Aitkens



Dale Shumski, Kyle Gislason, Michelle Gislason & Eric Gislason



Barry Burns, Wes Cottrell, Cooper Carlton & Royce Carleton



Bernhard Plett & Dana Plett



Corporal Kevin Elliot

Whom So Ever You See In Distress - Recognize In Them A Fellow Man

2010 Volunteer Recognition Awards presented at Government House

The Lifesaving Society is fortunate to have many volunteers who contribute their time, energy and expertise to the fulfillment of the Society's mission. The many hours our volunteers contribute do not go unnoticed. Annually the Society is honoured to recognize these outstanding individuals for their contributions in assisting with the promotion of water safety in Manitoba.

Certificate of Appreciation

is given to individuals, clubs, organizations or businesses, who have made a significant contribution to the Society over the year. This years recipients are:

*Renée Barnabé
Arash Fazael –Darbandi
Kerri Guest
Laurelle Guest
Elizabeth Plett
Richard Siwik
Jon Sorokowski*

have performed outstanding and meritorious service to the society for more than 25 years. This award can only be conferred by the Commonwealth Council upon the recommendation of the national council. There are no current recipients for this award.



Anne & Keith Love

Certificate of Thanks honours volunteers who have made a significant contribution over 2 years. This years recipient is:

Michael McNeill

Service Medal honours volunteers who have performed noteworthy service for four or more years. This years recipients are:

*Antonio Barreto
Amanda Bergman
Anne Love
Keith Love*



Doug Froemel



Michael McNeill

Bar to Service Medal honours volunteers, who have performed another four years of noteworthy service since receiving their Service Medal. This years recipient is:

Douglas Froemel



Rob Hewitt

Service Cross honours volunteers who have performed 12 or more years of meritorious service. This years recipients are:

*Rob Hewitt
Christopher Love*

Bar to Service Cross honours volunteers, who have performed another four years of noteworthy service after receiving their Service Cross. There are no current recipients for this award.



Antonio Barreto



Christopher Love

Honourary Commonwealth Life Member is reserved for individuals who